

**TRAIN
WITH
EXPERTS**

Ms. Premlata Thakur

H.O.D Physical Education



QUALIFICATION: M A, M P Ed.



PROFESSIONAL EXPERTISE: Specialized in hockey, football, swimming & Table Tennis.

WORK EXPERIENCE: 27.yrs

- Football Coach till 2012, TT coach till date, in ISWK..
- Worked as Physical instructor in Republic of Maldives .
- Worked as Physical Education professor in AMS, Osmania University, Telangana ,India.
- Worked as physical education teacher in St. Sai Public school.
- Worked as Physical Directress in Siva Sivani public school.

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CONTACT NO: +968 92699838

Mr. Vikas Dhokne

Coordinator - Sports Academy



QUALIFICATION: B PE, M. P. Ed,

PROFESSIONAL EXPERTISE: Specialized in Athletics & Skating.

WORK EXPERIENCE: 31 yrs.

- Coaching Athletics and Skating in Indian School wadi Kabir,
- Worked as HOD Physical Education in SJCS Bhopal.

CONTACT ID: vikasdhokne@iswkoman.com

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Ms. Vanita Shingare

Coordinator sports Senior school



QUALIFICATION: BA, B P Ed,

PROFESSIONAL EXPERTISE: Specialized in Volleyball & Throwball.

WORK EXPERIENCE: 16 yrs.

- Coaching Volleyball & Throwball in Indian School wadi Kabir,
- Worked in Bal Bharati Public School, Kharghar, Navi Mumbai
- Worked in Sanjivani International School, Kharghar, Navi Mumbai
- Worked in Don Bosco School, Vikhroli, Mumbai

CONTACT ID: vanita@iswkoman.com

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Mr. Shifas Bawa

Coordinator sports Primary School



QUALIFICATION: BPE, M P Ed, MPhil

Diploma in yogic science and Education

PROFESSIONAL EXPERTISE: Specialized in Basketball & Handball

WORK EXPERIENCE: 18 yrs.

- Coaching Indian School wadi Kabir, Basketball and Handball team from 2010 till date
- Worked with The Oxford School, Kollam & Al Ameen School, Ernakulam
- Worked with YMCA college of Physical Education, Chennai

CONTACT ID: shifas@iswkoman.com

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Ms. Angeline Alexander

PE Teacher - Primary wing

QUALIFICATION: BA, H PED



PROFESSIONAL EXPERTISE: Specialized in Kho -Khol & Throw Ball.

WORK EXPERIENCE: 24 .yrs

- Coaching Kho -Kho in Indian School wadi Kabir,
- Worked in Velammal Mar. Hr. Sec School.
- Worked in St. Mary Leuca Matriculation School Madurai.
- **Sri Sankara Higher Secondary School, Chennai**
- **St. Patricks A.L. Higher Secondary School Chennai.**

CONTACT ID: angelina@iswkoman.com

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Ms. Liza Bomediano

PE Teacher – Primary wing



QUALIFICATION: M.A Education Administration

Professional Diploma in Physical Education.

Certificate in Modern/Contemporary Dance choreography.

PROFESSIONAL EXPERTISE: Specialized in Aerobics & Gymnastics.

WORK EXPERIENCE: 23 yrs

- Training Aerobic & Gymnastics in Indian School wadi Kabir,
- Worked as physical education instructor in Bukidnon state University, Philippines,
- Worked as physical education teacher at St. Mary school, Philippines.
- Worked as physical education instructor in Cagayan De Oro college, Philippines.

CONTACT ID: liza@iswkoman.com

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Mr. Anup Gopalan

PE Teacher – Senior Wing



QUALIFICATION: B PE, M P Ed



PROFESSIONAL EXPERTISE: Specialized in Football & Swimming.

WORK EXPERIENCE: 21 yrs.

- Coaching football & swimming in Indian School wadi Kabir,
- HCL- VIDYAGYAN SCHOOL ,NOIDA, DELHI
- SP GROUPS SCHOOL

CONTACT ID: anupgopalan@iswkoman.com

CONTACT NO: +968 94467120

Mr. David Domnic Kennady

PE Teacher – Primary Wing



QUALIFICATION: B PE, M P Ed.

PG.D.T.R – Post Graduate Diploma in Therapeutic Recreation NSNIS Sports Authority of India (C) in Badminton.

PROFESSIONAL EXPERTISE: Specialized in Badminton & Tennis .

WORK EXPERIENCE: 15 yrs.

- Coaching Badminton and Tennis in Indian School wadi Kabir,
- Worked in Holy Family Convent Mat. Hr. Sec. School ISO

CONTACT ID: davidkennady@iswkoman.com

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Ms. Resham Kundnanai

Yoga Instructor - Senior Wing



QUALIFICATION: Yoga Instructor, B. Sc, Montessori Training.

PROFESSIONAL EXPERTISE: Specialized in Yoga.

WORK EXPERIENCE: 13 yrs.

- Training Yoga in Indian School wadi Kabir,
- Served as Volunteer in Art of Living Foundation

CONTACT ID: reshamhk@iswkoman.com

CONTACT NO: +968 92801152

Mr. Sijo T. R.

PE Teacher – Primary Wing



QUALIFICATION: B.P.ED, M.P.ED

P.G Diploma in Health Fitness and Lifestyle Management.

Online Cricket certificate Course From Coachtube.

PROFESSIONAL EXPERTISE: Specialized in Hockey & Cricket.

WORK EXPERIENCE: 10 yrs

- Coaching Hockey & Cricket in Indian School wadi Kabir.
- Worked as a P.E teacher in Mukundapuram CBSE Public School .
- Worked as Fitness instructor in KAPSARC at Saudi Arabia.

CONTACT ID: sijotr@iswkoman.com

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Mr. Pranav Sheth

Yoga Instructor - Primary Wing



QUALIFICATION: BA, TTC and ATTC, Kids TTC (Yoga)

PROFESSIONAL EXPERTISE: Specialized in Yoga.

WORK EXPERIENCE: 9 yrs

- Working as Yoga instructor in Indian School wadi Kabir,
- Worked as a **Yoga Teacher in Sivananada Yoga Centre Dwarka from 2011 to 2013**

CONTACT ID: pranavsheth@iswkoman.com

CONTACT NO: +968 98956095

Mr. Nitish Raikar

PE Teacher – Senior Wing



QUALIFICATION : B P ED, M.P.ED

PROFESSIONAL EXPERTISE: Specialized in Cricket

DIPLOMA CERTIFICATION:

Specialized In Cricket Sports Coaching (Certified Cricket coach from “The Root Academy” UK.)

MASTERED THE SKILLS:

Skill Acquisition: Batting *Bowling * Fielding
Wicket Keeping * Strength & Conditioning

WORK EXPERIENCE : 5 yrs

Worked as a Cricket Coach in Indus International School Pune from 2016-2020.
Coach of IBSO Under 17 Cricket team in 63rd National School Games
Coach & Manager of IBSO Unit for Under 14 Cricket team in 63rd National School Games.

Contact ID: nitish.raikar@iswkoman.com

Contact No: +968 79733824

Mr. S. Nageshwaran

PE Teacher – Senior Wing



QUALIFICATION: B Sc, B.P.ED



PROFESSIONAL EXPERTISE:

Specialized in Chess & Basketball.

WORK EXPERIENCE: 5 yrs.

- Coaching chess & Basketball in Indian School wadi Kabir,
- Worked in Matriculation School, India.

CONTACT ID: nageshwaran@iswkoman.com

CONTACT NO: +968 71991953

Mr. Bikram Mishra

Yoga & Football Educator – ISWKi



QUALIFICATION: M A, M PHIL

PG Diploma in Yoga TTC, YIC

PG Diploma in Sports Coaching (Perusing).

PROFESSIONAL EXPERTISE:

Specialization in Yoga & Football.

WORK EXPERIENCE: 7 yrs.

- **Yoga and Football coach since 2017 till date in ISWK I.**
- **Worked as a yoga educator in Nirmala College Muvattupuzha, Kerala.**

CONTACT ID: mishra.bikram@iswki.org

CONTACT NO: +968 96714146

Mr. S. Mahmudshakil

PE Educator – ISWki



- **QUALIFICATION:** B P E, M P Ed.
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- **PROFESSIONAL EXPERTISE:** Specialized in Basketball & Handball
- **WORK EXPERIENCE: 12.yrs**
 - Basketball Coach till 2020, Handball coach till date, in ISWki.
 - Worked as Physical instructor in Republic of Maldives
 - Worked as Physical Education & basketball Coach Anand Niketan satellite Ahmedabad.
 - Certified Basketball coach By FIBA LEVEL 1.
- **CONTACT ID:** shakil.mahmad@iswki.org
- **CONTACT NO:** +968 94004882

Mr. ANIL BHATIA

PE Educator – ISWKi



- **QUALIFICATION:** B P E, M P Ed.
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- **PROFESSIONAL EXPERTISE:** Specialized in Cricket & Table Tennis
- **WORK EXPERIENCE:** 10 yrs.
- CONTACT ID: kumar.anil@iswki.org
- CONTACT NO: +968 97009076